

A couple is walking away from the camera on a sandy beach at sunset. The man is on the left, wearing a dark long-sleeved shirt and pants, carrying a bag. The woman is on the right, wearing a light-colored dress. The ocean waves are breaking on the shore, and the sky is filled with soft, golden light from the setting sun. In the background, a pier and a lighthouse are visible on the horizon.

Residential Drug Rehab Center

Find addiction treatment help
today at Beaches Recovery!

866.605.0532

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After the detox process, residential drug rehab center is the highest level of care that will help people who have been addicted the most. Addiction is a very powerful disease, and it's important to have very intensive treatment when you get sober. Those who struggle with an addiction have obsessive, drug-seeking behaviors that take control of his or her life. Without the proper structure, it's common for people to relapse within days of completing their detox.

Addiction alters the way a person's mind works, and the disease makes drugs and alcohol become your top priority. For many people, this type of behavior has been going on for multiple years, and it takes time to heal. The issue is that many people drink and use as a way to deal with the emotions of everyday life without building the proper foundation of recovery at a [Jacksonville FL drug rehab center](#).



Click on the image to see the video.

What is Residential Drug Rehab?

Residential addiction treatment is when you're living at the treatment center in which you're receiving your treatment. This is highly beneficial because your entire day is for focusing on recovery from your addiction. In most cases, residential treatment crucial in the beginning stages of recovery, and you transition later. Residential addiction treatment is for people who fit into any of the following categories:

- A history of chronic relapses.
- Your living situation makes it difficult to stay sober.
- You're struggling with a readiness to change.
- You need medical or psychological attention regularly.

- You have issues controlling your impulses to use.

None of these issues are ones to feel bad about because they're issues most people with an addiction struggle with. The disease of addiction is cunning, and it makes many people have reservations about getting sober. Those who have strong impulsive behaviors and a long history of relapse can't even trust themselves. For most people, a residential drug rehab center is crucial because living at home is a very powerful trigger.

Getting Out of Isolation in a Residential Drug Rehab

A partial hospitalization program is similar to an inpatient addiction program, but you do have some more freedoms. Usually, you will sleep in a separate sober residence and be transported to the partial hospitalization facility. This specific type of program is for those who have many medical issues that need observation by a staff of medical professionals. Whether you have a history of health issues or are experiencing long-term withdrawal symptoms, the PHP at Beaches Recovery can help ensure that you're safe and healthy throughout your addiction rehabilitation program.

In PHP, you'll be attending outpatient therapy. This means that you'll live somewhere else and come to Beaches Recovery on a daily basis. At our inpatient drug rehab program in Florida, you'll go through our addiction treatment protocols.

This treatment will include group and individual therapy sessions. You'll learn to understand the disease of addiction and how you can recover.

"I have been to several rehabilitation centers before coming to Beaches. Beaches Recovery has been nothing short of a miracle. The understanding, compassionate, and above all patient staff is what makes this place so great. If you are seeking help for yourself or a loved one Beaches Recovery is the place to go. They have literally saved my life and will do the same for you if you let them. Pick up the phone and call now. You won't regret it."

Richard

Focusing on Yourself at a Residential Drug Rehab

With work, bills, children, a spouse, and other responsibilities, it can feel impossible to take the time off to get well. You must remember that if you don't take the time that you need to get better, you can lose everything. Going to residential isn't a vacation, but it's a much-needed break that you need in order to overcome your drug addiction. You need to take action as soon as possible to get well before you lose more than you already have.

Beaches Recovery has a 30-bed facility with availability so that you can get the addiction help that you need today.

If you're ready to begin your new life and regain control, call us today at 866.605.0532