



Meth Addiction Rehab Center

Find addiction treatment help
today at Beaches Recovery!

866.605.0532

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According to a 2017 survey, the average age of new meth users was about 23 years old. Living with [meth addiction](#) can make you feel helpless when your whole life is ahead of you. You may not know where to turn to get answers or help. However, with professional help, you can find the will to stop using meth and recover from your addiction. Beaches Recovery offers meth addiction rehab that includes detox, therapy, and aftercare.

Our licensed therapists are dedicated to helping you get clean and stay clean for good. We offer both evidence-based and [holistic treatment](#) for meth addiction and any mental disorders you may have.



[Addiction Treatment For You](#)



To find out more about meth addiction rehab, [contact us today](#). At Beaches Recovery, healing begins here.

Meth Addiction Treatment Programs We Offer

We offer a broad spectrum of treatment programs for meth addiction, including:

- **Inpatient and outpatient treatment options**
- **Dual diagnosis for co-occurring disorders**
- **Gender-based treatment programs**
- **Individual, group, and family therapy**
- **12-step programs and support groups**

Our [addiction treatment programs in Florida](#) are designed to help you at every stage of recovery. From detox to rehab and beyond, you can count on Beaches Recovery

therapists to be there every step of the way.

Meth Addiction Rehab

The infographic consists of five blue-bordered boxes with orange icons and text. 1. Top left: Icon of a bag of powder. Text: "In 2015, roughly 6% of Americans (12 and up) reported that they had tried meth at least once in their lives. This involves various methods of intake including smoked, injected, or snorted." 2. Middle left: Icon of a head with a lightning bolt. Text: "Meth addiction can increase the risk of developing Parkinson's Disease. Psychotic symptoms, memory problems, and emotional issues can last for years after ceasing usage of meth." 3. Middle right: Icon of a hand holding a head with lightning bolts. Text: "40% of people seeking for meth addiction treatment also struggle with anxiety. Mood and anxiety disorders and drug abuse occur simultaneously in as high as 50% of people." 4. Bottom left: Icon of a calendar. Text: "It is recommended that those seeking help participate in an at least 90-day treatment program to ensure the best results." 5. Bottom right: Icon of a clipboard. Text: "It is recommended that those seeking help participate in an at least 90-day treatment program to ensure the best results." At the bottom, there are two URLs: <https://americanaddictioncenters.org/meth-treatment/facts> and <https://www.drugabuse.gov/drugs-abuse/methamphetamine>.

What Can You Expect From Beaches Recovery?

At Beaches Recovery to provide the highest level of quality care for all types of addiction. When you enter our meth addiction rehab center, there are several things you can expect, including:

Evidence-Based Treatment

Evidence-based treatment (EBT) combines a variety of science-based approaches in the form of talk therapy. We utilize techniques such as:

- **Cognitive-behavioral therapy**
- **Dialectical behavior therapy**
- **PTSD therapy**
- **Motivational interviewing**
- **EMDR**

Each type of treatment is backed by years of research, academic study, and peer-reviewed client observation.

Licensed, Qualified Staff

Each person on our staff is dedicated to helping each client reach their recovery goals. Our medical staff and therapists are fully-certified, licensed, and experienced. They have the skill necessary to help you reach the other side of addiction.

Furthermore, our staff genuinely cares about our clients. Although we take a clinical approach to addiction therapy, we create a caring environment that is warm and

"They found the loose screw, tightened it, and I'll never be the same. Beaches Recovery saved my life. I have been to 19 treatment centers across the country and Beaches was the only one that diagnosed me properly. I highly recommend this place."

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friendly. When you come to Beaches Recovery, you never have to feel judged – just empowered.

Personalized Treatment Plans

Your addiction story is unique. As such, you are more likely to recover with an individualized treatment plan that meets your needs. Once you get out of [meth detox at Tide's Edge](#), we meet with you to discuss your condition, go over your treatment options, and develop a plan that promotes a sustainable recovery.

We conduct a thorough assessment to identify the root causes of your addiction and any mental disorders such as anxiety, depression, PTSD, or bipolar disorder. With the right treatment, you can get back on your feet and say no to meth for good.

Results-Driven Therapy

At Beaches Recovery, our focus is to end the stigma of addiction treatment by integrating therapy strategies that truly work. We guide you through every stage of recovery to ensure your success. We embrace addiction therapy strategies that have proven results.

If your treatment plan isn't working, then we adjust your plan. Furthermore, we reinforce your recovery with extended care such as sober living homes, support groups, ongoing therapy, or alumni programs. We do what it takes in meth addiction rehab to help you avoid relapse.

Learn More About Meth Rehab at
Beaches Recovery

Are you ready to take the first step to recovery? If so, we are ready to help you. Beaches Recovery offers comprehensive meth addiction rehab to help you get clean and stay clean for good. To find out more about your treatment options and how to get started, call us at 866.605.0532. At Beaches recovery, healing begins here.

Call us today at 866.605.0532 so that we can get started.