

Opiate Addiction Rehab Center

Find addiction treatment help
today at Beaches Recovery!

866.605.0532

Contents

- What are Opiates?
- About Opiate Addiction
- What to Expect During Opiate Rehab
- The Opiate Addiction Treatment Center Experience in Jacksonville, Florida
- Entering an Opiate Addiction Rehab Center

When used as prescribed by a doctor, opiates are effective in managing pain. But when abused, these drugs can be quite deadly, especially without the help of an opiate addiction rehab center. Many people suffering from addiction develop an opiate addiction due to the euphoric feelings first produced when taking them. Over time, individuals must use opiates in order to produce the same effect.

From prescription drug rehab to [heroin addiction treatment](#), Beaches Recovery provides specialized care for you and your loved ones. Recovery is possible with the right opiate rehab programs and addiction therapies in Jacksonville.



What Are Opiates?

Opiates are a class of drugs referring to the substance derived from the poppy plant. Opiates vs. opioids are the naturally occurring compounds found in this plant.

This highly addictive drug binds to specific receptors in the brain and body that are responsible for regulating stress and pain response, breathing, temperature, and more.

Doctors normally prescribe opiates to help patients deal with pain after injuries or surgery. Because of a euphoric effect that can occur, many individuals with a legal prescription end up misusing their medication. This leads to a complicated journey that destroys relationships, the health of the individual, and their future. Someone with an opiate addiction may end up stealing medications, doctor shopping for prescriptions, and buying street versions of the drug.



Commonly abused opiates include morphine, heroin, codeine, oxycodone, and hydrocodone.

It is critical for someone with an opiate use disorder to receive treatment as soon as possible. [Substance abuse treatment programs](#) help individuals stop using, heal, and rebuild their lives after months or years of drug abuse.

About Opiate Addiction

Addiction to opiates is a complex condition to treat. Most individuals with an opiate use disorder require extensive behavioral, social, and psychological therapies from a [licensed opiate addiction treatment center in Jacksonville, Florida](#) in order to address the drug's effects, as well as the underlying causes of addiction.

Individuals with opiate addiction are in danger of long-term severe side effects that are irreversible. Prolonged use exposes them to increased risk of a heart attack, stroke, and HIV infection.

Those who abuse opiates tend to be self-medicating for co-disorders such as anxiety, depression, and other problems. These disorders must be identified and addressed during intensive [dual diagnosis treatment programs](#).

What To Expect During Opiate Rehab

Each person will have a different experience at [Beaches Recovery](#) based on their treatment needs. However, there are some common steps in the process you can expect during opiate addiction treatment.

A consultation and evaluation provide insights into your needs and an individualized addiction treatment plan is created.

Opiate Detox

Detox from opiates can be difficult. If you still have any drugs or alcohol in your system, you will have to complete an [opiate detox program](#) at our partner facility. At the licensed detox center, the substances are removed from the body safely and more comfortably.

There are a variety of symptoms of detoxification that may be experienced in varying degrees by those struggling to overcome the drug's hold.

Symptoms of opiate withdrawal include:

- Agitation
- Muscle aches
- Anxiety
- Fatigue
- Dehydration
- Abdominal cramping
- Insomnia
- Skin-crawling sensations
- Diarrhea
- Nausea
- Vomiting
- Sweating and chills

"Beaches Recovery gave me the opportunity for a fresh start. The care and encouragement I received here quite possibly saved me from complete self destruction. Beaches gives you the tools to take action in putting your own life back together. Highly recommend."

- GBM



Click on the image to see the video.

Levels of Care

The next stage of opiate rehab is conducted through varying levels of care. Depending on the need for 24/7 care or outpatient programs, individuals participate in addiction treatment programs and therapies.

You may participate in any of the following levels of treatment:

Inpatient drug rehab program

Inpatient care provides 24/7 support and a highly structured environment. Staying overnight at an opiate rehab center gives you a drug-free and trigger-free setting to recover in.

Partial hospitalization program (PHP)

PHP offers medical assistance when needed. This transitions a person from residential treatment to returning home at night.

Intensive outpatient program (IOP)

IOP is a great option for those who need to return home to their family, career, or school life. The same treatments and therapies are available, but you don't stay at the facility overnight.

Outpatient treatment program

When addiction is less severe, outpatient rehab is a viable, less intense program. Find increased discretion and lower costs.

Sober living program

This program transitions those in treatment back into the real world. Find support from professionals and peers as you return to a less structured environment.

Having these levels of treatment provides continued care at varying intensities as one moves through recovery. Continuing on the path to recovery by participating in multiple programs over time helps you remain sober. The longer one stays active in recovery, the stronger that recovery is.

[Reach out to rehab specialists by calling 866.605.0532](tel:866.605.0532) today to find the right level of care for you. Our experts help you every step of the way.

Dual Diagnosis Treatment

Someone with a [substance use disorder](#) is much more likely to also experience the symptoms of mental illness at some point in their lives. This is true in the opposite as well for those with mental illness. Due to the effects of drugs and alcohol, the brain's neurotransmitters become imbalanced causing a mental health disorder. In other cases, many individuals incorrectly self-medicate a [mental health disorder with drugs](#) and alcohol. Thus forming an addiction.

When co-occurring mental health disorders are discovered along with substance abuse, [dual diagnosis treatment](#) is needed for a full recovery. This co-occurring disorders treatment program addresses both conditions at the same time. According to [research by the National Institute on Drug Abuse](#), 1 in 4 individuals dealing with a serious mental illness and substance use disorder. Getting the proper treatment during opiate rehab reduces the symptoms of both conditions. It has been found that treating one condition without the other frequently leads to relapse.



The relationship between mental illness and addiction makes traditional treatment challenging. Either disorder will exacerbate the other. The mental health disorder, such as anxiety, will trigger substance abuse and vice versa. However, dual diagnosis treatment focuses on the underlying causes of both issues and the development of skills to reduce the risk and impact of relapse. If you or a loved one is struggling with substance abuse and mental illness, call [866.605.0532](tel:866.605.0532) to speak with experts about treatment programs. Find out how dual diagnosis treatment can benefit you.

The Opiate Addiction Treatment Center Experience in Jacksonville, Florida

Since the 1980s, the Florida Model of opiate addiction treatment center in Jacksonville, FL has proven successful for helping individuals addicted to substances recover from their dependence on drugs. There are several facets of this type of program that make it stand out from standard forms of treatment.

Standard treatment centers not using the Florida Model house patients in institution-like settings, with all services provided in one primary building. This forms more of a hospital experience that many people with addictions find unappealing and uninspiring.

Rehab Services at Beaches Recovery

A licensed [addiction treatment center](#) using the Florida Model features an open setting much like a collegiate campus. Beaches Recovery provides treatment through intensive outpatient or partial hospitalization programs using this model, one which shows higher success rates than traditional treatment facilities.

Addiction treatment centers using the Florida Model provide a wide variety of treatment programs, including:

- Young adult rehab programs
- Men's and women's rehab programs
- Residential drug addiction treatment
- College student rehab program
- First responder drug rehab program
- Fresh start DUI program
- Executive drug addiction treatment

During our opiate rehab programs, our specialists take a holistic approach and include many therapies. A combination of individual and with holistic therapies build and enforce healthy coping skills and teamwork.

Addiction therapy programs at our rehab center in Florida include:

- Family therapy
- Couples addiction therapy
- Gender-responsive group therapy
- Cognitive-behavioral therapy (CBT)
- Rational emotive behavior therapy
- Equine-assisted therapy
- Music and art therapy
- Physical fitness therapy

Entering an Opiate Addiction Rehab Center

Making the decision to enter an opiate addiction treatment center is a difficult one. Whether you or your loved one struggles with opiate misuse, seeking help in Jacksonville, Florida will provide the necessary tools for overcoming this addiction and returning to a happier, healthier, and more productive life. The sunny beaches of Florida are a perfect backdrop to get away from addiction triggers and focus on your recovery.

Opiate addiction cannot be overcome without professional help and a community of support, as most individuals who become addicted to opiates suffer from co-disorders that require professional treatment to prevent a return to dependence. As with any addiction, there is urgency in gaining treatment, as opiate abuse can be deadly.

Find the specialized and compassionate treatment you deserve with the following programs at Beaches Recovery:

- Prescription drug addiction rehab
- Heroin addiction rehab
- Fentanyl addiction rehab
- Oxycodone addiction rehab
- Codeine addiction rehab
- Vicodin addiction rehab



**Call us today at
866.605.0532.**